



Opening the Direct Channel to the Divine (The Radiant Substance)

Throughout the entire week until the next session (and beyond)

1. Become aware of the existence of the Radiant Substance. Look around yourself with an eye of inner knowingness.
2. Talk to the Substance. Invite it into your life.
3. Through your 3rd eye start perceiving that the environment around you is filled with the Radiant Substance. See the substance falling all around you as gold and silver snowflakes. Don't worry if you feel you are making it up. Keep watching and "making it up." It's there, you are just shifting your awareness by turning your attention to the Divine. When you see rays of shimmering light think of them as the Radiant Substance.
4. Think about the Radiant Substance constantly. Feel that you and the Substance are one. You were created from this substance. You are like a fish swimming in this Substance. Your conscious mind will try to tell you that "You are making it up." Don't pay attention to it. Focus on the Radiant Substance.
5. The Substance begins to manifest for you when you recognize it and call upon it for help.
6. Have a short meditation: sit down, get comfortable, breathe deeply, call upon the Radiant Substance to join you in meditation. In due time you will feel a change in energy: You are practicing presence of God.